

Dr. Alan Roga

Physician, Medical Entrepreneur,
Healthcare Executive, and Influencer

Dr. Alan Roga is the Chief Executive Officer and Founder of TruLite Health. A healthcare technology entrepreneur and emergency medicine physician, he brings more than 25 years of experience in healthcare delivery, technology-enabled services, and health IT.

Before founding TruLite Health, Dr. Roga held senior leadership roles at Teladoc Health (NYSE:TDOC), including Chief Clinical Operations Officer and President of Hospital and Health Systems, where he led care delivery across multiple products and helped scale the organization into a multibillion-dollar enterprise.

A Fellow of the American College of Emergency Physicians and a diplomate of the American Board of Emergency Medicine, Dr. Roga earned his MD from the Renaissance School of Medicine at Stony Brook University and his BS in Biology, magna cum laude, from SUNY Albany. He has been recognized as a “Top Doctor” by Phoenix Magazine and as “Emergency Medicine Physician of the Year” by Jacobi Hospital.